

Behavioral Health Resources

Magellan Healthcare is committed to increasing awareness of behavioral health issues and providing free resources and expert advice to help our communities, clients, members, and providers. One of the ways we accomplish this mission is through our award-winning [Behavioral Health Resources website](#), including the latest health awareness materials, free events for adults and youth, and much more.

The website is updated regularly, so please continue to check back for the latest information. Most recently, we've added tips sheets about coping with stress and anxiety caused by recent tragic events and the war in Ukraine, and five new mental health videos. We have also updated our resources for Black, Indigenous and People of Color (BIPOC) Mental Health Awareness Month in July. Additional resources and topics covered include:

- Mental Health
- Suicide Prevention
- Magellan's Center for Recovery and Resiliency
- Depression, Mental Health, and Mental Health Screening
- Mind Your Mental Health Educational Initiative
- Autism Awareness
- Children's Services Models
- MY LIFE
- Crisis and Traumatic Event Help
- Magellan #bhXPRT Twitter Chats
- Holiday Emotional Wellbeing

We encourage you to use these resources and share with members and your families, friends, and colleagues.