



# MY LIFE Meetings Return to In-person

MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) aims to create awareness about mental health, substance use disorder, foster care, juvenile justice, and other issues affecting Pennsylvania's young people. During the past 2+ years since the onset of the pandemic, this empowering leadership group of youth between the ages of 13-23 has had to continue its meeting series virtually. Through persistence and perseverance, the virtual meetings demonstrated the resilience of the youth that were able to continue to participate despite a few challenges along the way.

Fortunately, the MY LIFE meetings have returned to in-person events. The upcoming events calendar is available [here](#). Please share this information with youth and their families as appropriate.

For any questions about MY LIFE events, please contact Dana Lombardi at [DMLOmbardi@magellanhealth.com](mailto:DMLOmbardi@magellanhealth.com).

## The impact of MY LIFE

Following a school year with many challenging issues, we understand that our youth may feel extra levels of anxiety at the present time. It is important that our youth, their families, and others close to them reach out for help when needed. Our MY LIFE meetings are one way of doing that.

## MY LIFE information and monthly meetings

There is no cost to participate in MY LIFE and each meeting welcomes new members with fun activities and opportunities to meet new friends. To learn more about MY LIFE and find the contact information for a meeting closest to you, go to <https://www.magellanofpa.com/for-providers/community/my-life/>.