

MY LIFE Pennsylvania Virtual Events are on the 3rd Tuesday of Each Month

Magellan Behavioral Health of Pennsylvania (Magellan) hosts MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) Pennsylvania free virtual events on the 3rd Tuesday of each month from 4-5 p.m. Each interactive event features inspirational speakers, fun activities (i.e. craft kits), and information on a variety of topics important to youth and young adults. These virtual MY LIFE events are an opportunity to offer mutual support while we are not able to meet in-person.

To register or ask any questions about these events, please contact Marissa MacKeverican at mackevericanm@magellanhealth.com. The zoom link to participate is provided after registration.

The impact of MY LIFE

MY LIFE is a fun and inspiring leadership group for youth, ages 13-23, who have experience with mental health, substance use, foster care, and/or other challenges. COVID-19 has created anxiety and concerns for many youth and young adults, and it is important that our youth and young adults, their families, and others close to them reach out for help when needed. Magellan MY LIFE meetings are one way of doing this.

MY LIFE information

There is no cost to participate in MY LIFE. To learn more about MY LIFE, go [here](#).