

Text message reminders available for follow-up care

These days we are busier than ever. It is difficult to remember everything, especially our follow-up care. That's where text message reminders come in to play.

Magellan recommends follow-up care with a behavioral health provider within seven days of being discharged from a hospital, and to continue participating in that care. This is one of the best ways to prevent re-hospitalization. Text reminders that include day, time, and location of your follow-up behavioral health appointment can help you keep your appointments.

Benefits of our Text Reminder Program

- It's more convenient than a phone call.
- It's easier to refer to the day, time and location when it's on your phone.
- A series of text messages will help to remind you.
- Extra instructions are provided if you need to reschedule.
- At any time, you can text us 'STOP' to cancel the text reminders.

If you would like to receive text reminders for your follow-up care after a behavioral health hospitalization, please sign Magellan's Consent to Receive Text Message Appointment Reminders form on our [website](#).

You can also ask your hospital social worker or provider to help you complete the consent form during a hospital stay or under the care of a behavioral health provider. They can help you send it to Magellan.

Questions?

If you have questions about Magellan's texting reminder program, please give our Member Services representatives a call:

Bucks County: (877) 769-9784

Lehigh County: (866) 238-2311

Cambria County: (800) 424-0485

Montgomery County: (877) 769-9782

Delaware County: (888) 207-2911

Northampton County: (866) 238-2312