

## Food insecurity resources are available

Food insecurity is when people are not sure when their next meal will be or how they will get their next meal. Often when we think of people going hungry, we don't realize that it can happen in our community, to our neighbors, and even to us. Many people who face food insecurity are children, seniors, and even those that are employed. During the COVID-19 pandemic, unemployment claims have sharply increased and many individuals and families face a new reality of food insecurity.

At Magellan, we know that access to a variety of affordable, nutritious meals has an impact on your health. Food security is listed as a social determinant of health (SDOH) because of the impact it has on our overall well-being. Together with our county partners, we recognize these factors and proactively look to provide resources available at the county, state, and federal levels that may be able to help.

On our Magellan [website](#), we list over 200 community resources that include many local food pantries. When contacting a food pantry, be sure to call to confirm their hours of operation and to learn of any special considerations for drop off/pick up during COVID-19. We encourage you to share this information with local stakeholders, providers, members, family and friends.