

# MY FEST is a youthful celebration that showcases the impact of MY LIFE

On Saturday, September 21<sup>st</sup>, we look forward to hosting our 9<sup>th</sup> Annual MY FEST Pennsylvania event at White's Road Park in Lansdale from 12-4 p.m. The event is hosted by MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) and aims to create awareness about mental health, substance use disorder, foster care, juvenile justice and other issues affecting Pennsylvania's young people. Everyone is welcome to attend this free event which features live entertainment, family activities, food, and many community resources. We would like to thank our county partners, sponsors, and exhibitors that help to create such a special day of empowerment.

For any questions about the event, please contact Tara Karbiner at [TAKarbiner@magellanhealth.com](mailto:TAKarbiner@magellanhealth.com).

## The impact of MY LIFE

MY LIFE is an empowering leadership group for youth, ages 13-23. A new school year has started, and this can create anxiety and concerns for our youth. It is important that our youth, their families, and others close to them reach out for help when needed. Our MY LIFE meetings are one way of doing that.

MY FEST is a time to celebrate and recognize the youth who attend monthly MY LIFE meetings.

## MY LIFE information and monthly meetings

There is no cost to participate in MY LIFE and dinner is served during the monthly meetings. To learn more about MY LIFE and find the contact information for a meeting closest to you, go to <https://www.magellanofpa.com/for-providers/community/my-life/>.