

MY LIFE
empowers
youth to use
their
experiences
and voices to
create positive
change for
themselves,
other youth,
and their
communities.

- MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) is a FREE, fun, and inspiring group for youth between the ages of 13 and 23 who have experience with mental health, substance use, foster care and/or other challenges.
- Through regular events, performances, special events, social media, and presentations, youth share their stories and support each other in achieving their goals and dreams.
- MY LIFE events feature inspirational speakers, uplifting entertainment, fun activities, and information on a variety of topics important to youth.





Join a MY LIFE Pennsylvania virtual event!

## Third Tuesday of the month from 4-5 pm

Please register to attend by sending an email to Mackevericanm@MagellanHealth.com.

