



Welcome to the Magellan Referral Source Intensive Behavioral Health Services (IBHS) Forum

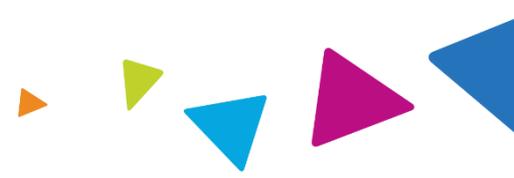
JANUARY 27, 2020

Magellan
HEALTHCARESM



Welcome and Opening Remarks

Agenda



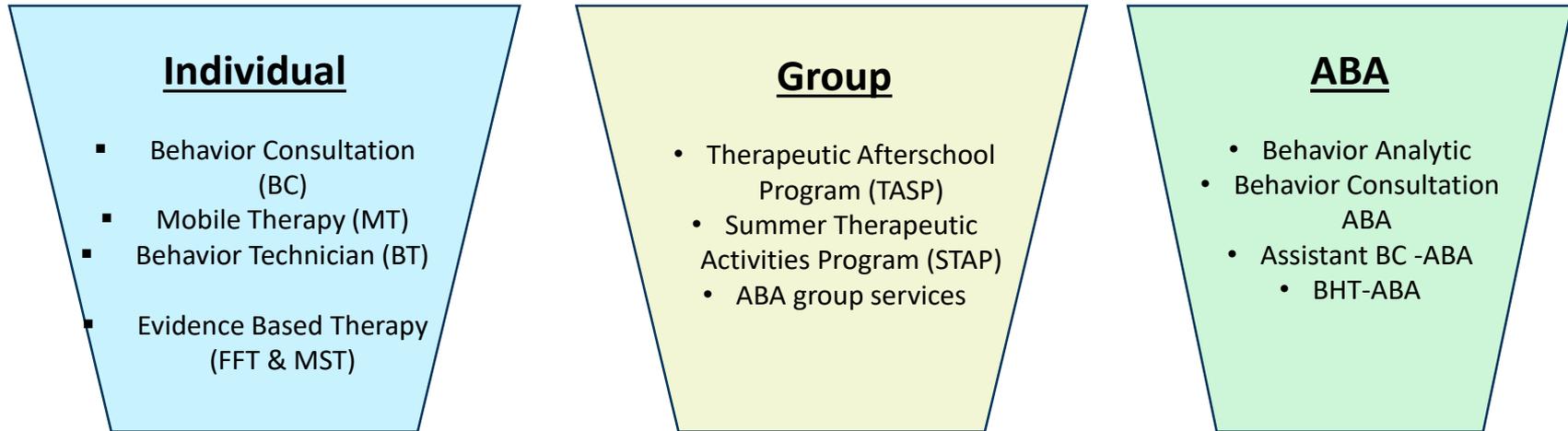
- Overview of IBHS Regulations
- IBHS Timeline
- OMHSAS Updates
- Review written order/assessment/treatment plan requirements
- Staff qualifications, training and supervision changes
- Magellan updates
- Review proposed Magellan authorization process
- Extended Assessment (Delaware and Montgomery Counties only)
- ISPTM plan
- AUD's
- Questions
- Next steps

What is IBHS?



- Intensive Behavioral Health Services were created when a diverse stakeholder group came together to talk about regulating BHRS. Stakeholders included family members, providers, and other parties involved in making BHRS work.
- In these discussions the stakeholder group determined a new name (IBHS) would be best to move the services forward.

IBHS has 3 main categories:



- Providers will write in their Program Descriptions which of these categories their agency plans to deliver.

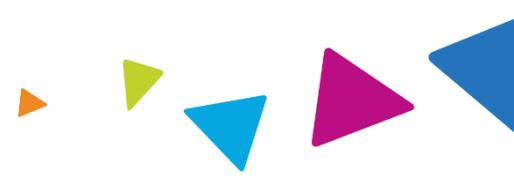
Individual Services



Intensive therapeutic interventions and supports that:

- reduce and manage identified therapeutic needs
- increase coping strategies
- support skill development to promote positive behaviors
- and stabilize, maintain or maximize functioning of a child, youth or young adult
- provided in the home, school or other community setting.

Group Services



Group services are therapeutic interventions provided primarily in a group format through clinical interventions including psychotherapy and ABA services, structured activities and community integration activities that address a child's, youth's or young adult's identified treatment needs. Group services may be provided in a school, community setting or community like setting. A community like setting is a setting that simulates a natural or normal setting for a child, youth or young adult.

- Delivered by graduate-level professional or individual qualified to provide BHT or BHT-ABA services



ABA is the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior or to prevent loss of attained skill or function, including the use of direct observation, measurement and functional analysis of the relations between the environment and behavior.

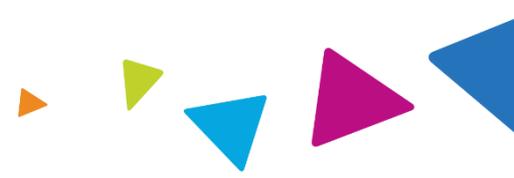
ABA is used to develop needed skills (behavioral, social, communicative, and adaptive functioning) through the use of reinforcement, prompting, task analysis, or other appropriate interventions in order for a child, youth or young adult to master each step necessary to achieve a targeted behavior.

Intensive Behavioral Health Services Regulations



- IBHS regulations will replace all current MA Bulletins for BHRS
- Applies to BHRS, ABA, Evidence Based Programs (Multi-Systemic Treatment (MST), Functional Family Therapy (FFT) etc.), CRR Host Home and group activities (Summer Therapeutic Activities Program (STAP), Therapeutic After School Program (TASP))
- Changes to the evaluation/recommendation process
- ABA available to non-ASD children
- Elimination of the Interagency Services Planning Team Meeting (ISPTM) requirement unless services recommended in school or for CRR Host Home
- Enhances minimum staffing and training requirements
- Adjusts licensing requirements

Intensive Behavioral Health Services Regulations (cont.)

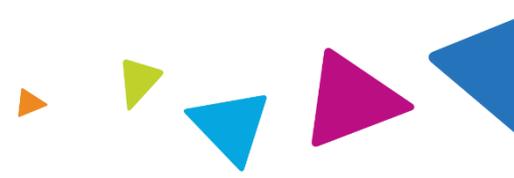


- Imposes new clinical leadership structure
- Enhances supervision requirements for all staff
- Requires annual outcomes reports for all providers
- Addresses restrictive procedures
- *BH-MCO's have the right to enforce additional requirements

IBHS Implementation Timeline



OMHSAS Updates

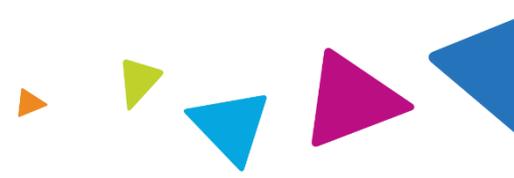


- OMHSAS website link:

<http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/index.htm>

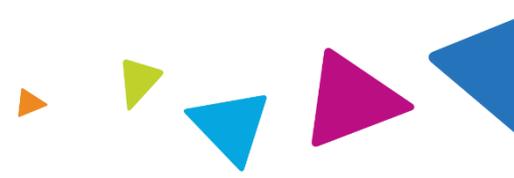
- Providers must comply with the supervision requirements 90 days after the IBHS regulations are promulgated (1/17/20).
- All staff must meet the qualifications in the regulations 90 days after they are promulgated (1/17/20).
- For some staff, there are interim and final qualifications. The final qualifications for staff that provide BHT-ABA services must be met by July 1, 2020.
- The final qualifications for staff that provide BHT services must be met by January 1, 2021.
- The final qualifications for a clinical director of an IBHS agency that provides ABA services must be met by July 1, 2022.
- Initial training requirements are required to be met 90 days after promulgation of the regulation (1/17/20).

OMHSAS Updates (cont.)



- New IBHS agencies must obtain a license within 90 days of promulgation (1/17/20).
- Unlicensed entities enrolled under the OMHSAS-16-07 bulletin and approved to provide ABA must obtain a license within 180 days of promulgation.
- IBHS agencies that currently have a base mental health license must obtain an IBHS license when their current license expires.
- All other IBHS agencies approved to provide IBHS must obtain an IBHS license within 1 year of promulgation.
- Annual quality improvement report requirement.

FAQ Review



- OMHSAS has posted a FAQ on

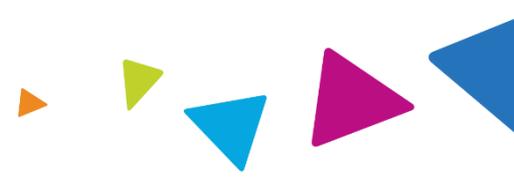
<http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/index.htm>

- Submit questions to **RA-PWIBHS@pa.gov**

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Written Orders

Written Order Requirements



- A written order is based on a face to face interaction with the youth within 12 months of initiation of IBHS
- Written by a licensed physician, licensed psychologist, certified registered nurse practitioner, or other licensed practitioner whose scope of practice includes diagnosis and treatment of behavioral health disorders and the prescribing of behavioral health services, including IBHS
- Services cannot be authorized one year past the date of the written order without a new order
- Written orders must be completed by staff who are ORP enrolled
- Includes the following:
 - Behavioral Health Diagnosis
 - Specifies the IBHS service, hours and setting
 - Clinical information that supports the medical necessity of the order
 - The measurable improvements that would indicate when services may be reduced, changed or terminated

Written Orders



- The BH-MCO's have created a universal template for written orders.
- The template can be utilized to order the assessment; the assessment and co-occurring services for stabilization; or assessment and then resulting IBS services.
 - It is recommended that the Written Orders use the language of "up to" for services, which will allow the assessment to fine tune the prescription.
- If using a written order, an assessment must then be completed that meets regulation requirements.
- CRR Host Home recommendations require a Life Domain Evaluation as the written order
- Services cannot be authorized one year past the date of the written order without a new order. BHRS services cannot be authorized past 1/17/21.
 - For example, a written order is completed on 2/1/2020. An authorization to start services starts 11/1/2020. The authorization cannot go beyond 1/31/2021.

Written Order Template

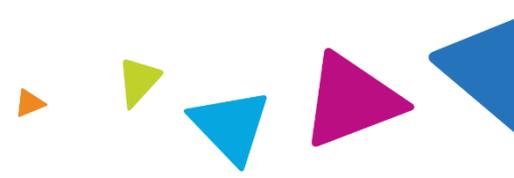


- **Part A: Initial Written Order for Initial Assessment, Stabilization and Treatment Initiation**
- A comprehensive, face-to-face assessment is recommended to be completed by an IBHS clinician to further define how the recommendations in this order will be used and to inform and complete an Individualized Treatment Plan (ITP). IBHS Treatment Services may also be delivered during the assessment period for stabilization and treatment initiation provided a treatment plan has been developed for the provision of these services.
- Please select the assessment type and treatment services necessary for stabilization that you are recommending, based on the symptom(s) and/or behavior(s) of concern and the settings/domains in which they are occurring. NOTE: You must complete all sections in one row for a service to be appropriately authorized.



Service Type	Assessment Type/ Clinician Type	Maximum Number of Hours per Month (hpm) (IBHS agency may provide less, as clinically indicated)	Settings in which Service is Necessary
IBHS Assessment for Individual, Group or Evidence-based Services <i>NOTE: Assessment must occur within 15 days of service initiation</i>	IBHS Clinical Assessment by a MT, BC, or Graduate Level Professional (when MST, FFT, PCIT, CRR HH or an IBHS Group Service)	Episode Start date, specify: ___	Home School, specify: ___ Community, specify: ___
IBHS-ABA Assessment for ABA services (for ABA Designated Providers with an IBHS License) <i>NOTE: Assessment must occur within 30 days of service initiation</i>	ABA Assessment by a BCBA or BC-ABA	Episode Start date, specify: ___	Home School, specify: ___ Community, specify: ___
BHRS Assessment for BHRS Services <i>NOTE: Assessment must occur within 15 days of service initiation</i>	BHRS Clinical Assessment by an MT or BSC	Episode Start date, specify: ___	Home School, specify: ___ Community, specify: ___
BHRS Assessment for ABA Services (For ABA Designated Providers without an IBHS License) <i>NOTE: Assessment must occur within 30 days of service initiation</i>	ABA Clinical Assessment by an BSC or BCBA	Episode Start date, specify: ___	Home School, specify: ___ Community, specify: ___

Written Order Template (continued)



- **Part B: Written Order for Intensive Behavioral Health Services (IBHS)**
- A comprehensive, face-to-face assessment has been completed by this prescriber and/or an IBHS clinician to further define how the recommendations in this written order will be used. An Individualized Treatment Plan has also been completed, based on the result of the assessment.
- Please select which one of the following service types you are recommending, based on the symptom(s) and/or behavior(s) of concern and the settings/domains in which they are occurring. NOTE: You must complete all sections in one row for service to be appropriately authorized.
- The written order and assessment template will be sent via e-mail along with this PowerPoint.



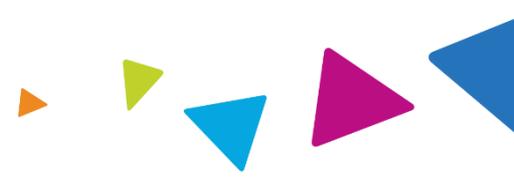
Service Type	Assessment Type/ Clinician Type	Maximum Number of Hours per Month (hpm) (IBHS agency may provide less, as clinically indicated)	Settings in which Service is Necessary
IBHS Individual Services/ Evidence Based BHRS Exception Services	Multi-systemic Therapy (MST) Functional Family Therapy (FFT) Mobile Therapist (MT) Behavior Consultant (BC) Behavior Health Technician (BHT)	Episode Episode Up to ___ hpm Up to ___ hpm Up to ___ hpm Start date, specify:	Home School, specify: ___ Community, specify: ___

Written Order and Assessment Agreement



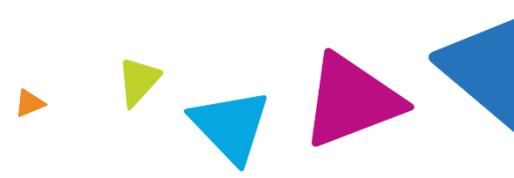
- If the assessment recommendations agree with the written order recommendations, submit both as part of the IBHS authorization packet
- If the assessment recommendations differ from the written order recommendations:
 - Provider must go back to the order writer with the updated clinical assessment to review recommendations. Written order writer can update the order to match the assessment or leave the recommendations as originally written based on their clinical judgement. This should be documented and included in the packet submission.
 - If provider is unable to collaborate with the order writer and is able to complete a new order with new recommendations, then this should be completed. Packet should include original order, assessment and new order. All will be reviewed for medical necessity.

Updates to Written Orders



- Written orders can be updated within the 12 months of the original written order
- Written order updates do not require a face to face
- Written order updates can be based upon new clinical information from the assessment
- Written order updates can only be completed by the original order writer
- Written order updates do not extend the life (12 months) of the original written order

Referral Source Written Order Expectations/Suggestions



- Acute Inpatient Facilities should complete the written order process and send the referral to a contracted BHRS/IBHS agency to complete the assessment and authorization process.
- Partial Hospital Programs should complete the written order process and send the referral to a contracted BHRS/IBHS agency to complete the assessment and authorization process.
- Residential Treatment Facilities should complete the written order **and** assessment process and submit the authorization request for BHRS/IBHS services to begin upon RTF discharge
- Family Based Services should complete the written order **and** assessment process and submit the authorization request for BHRS/IBHS services to begin upon FBS discharge
- Outpatient Providers should complete the written order and send the referral to a contracted BHRS/IBHS agency to complete the assessment and authorization process.



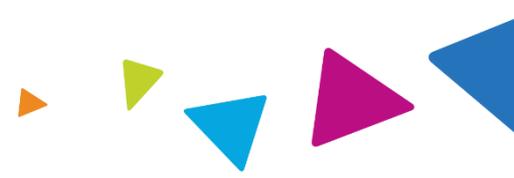


Questions related to Written Order?

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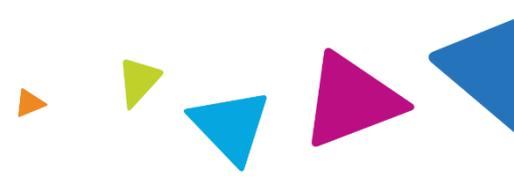
Assessments

Assessment for Individual, Group and ABA Services



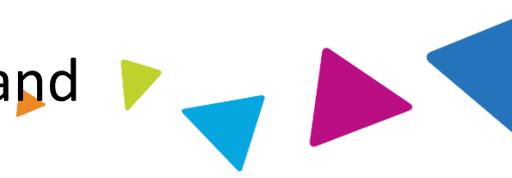
- A face to face assessment is completed by a staff qualified to provide behavior consultation services or mobile therapy services within 15 business days (30 business days for ABA) of the initiation of services
- Assessment shall include the following:
 - Strengths and needs across developmental and behavioral domains
 - Strengths and needs of family system
 - Natural supports
 - Specific services needed to support the child's needs
 - Specific services needed to support parent/caregiver needs

Assessment (continued)



- Clinical information including:
 - Treatment history
 - Medical history
 - Developmental history
 - Family structure and history
 - Educational history
 - Social history
 - Trauma history
 - Developmental, Cognitive, Communicative, Social and Behavioral functioning
 - Other relevant clinical information
- Cultural, language or communication needs
- Summary of treatment recommendations

Individualized Treatment Plan for Individual, Group and ABA Services)



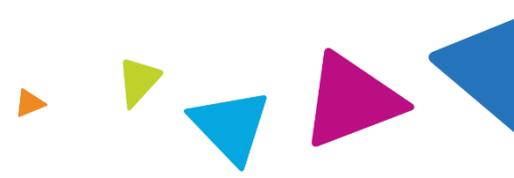
- Developed within 30 days (45 for ABA) of the initiation of services
- Reviewed and updated at least every six months
- Strength based and developed collaboratively with child and caregiver
- Must include the following:
 - Service type, setting and hours
 - How parent/guardian participation is needed
 - Specific goals, objectives, and interventions to address therapeutic needs
 - Timeframes

IBHS Regulations - Staff Supervision and Training



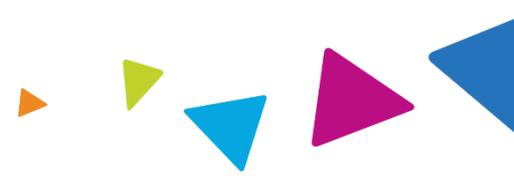
- Requires an administrative director and a clinical director role
- One (1) hour a month of supervision for BC and MT (One additional hour if the staff supervises a BHT)
- Requires direct observation of staff every six (6) months
- Limits Supervisor to 12 FTE supervisees
- Group supervision limited to 12 staff
- More detailed training requirements

Magellan Updates



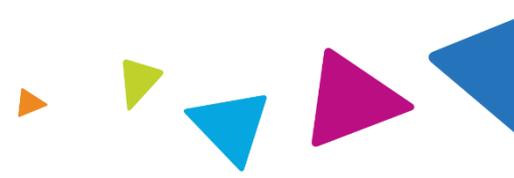
- Expect all BHRS/ABA contracted agencies to accept calls from new families seeking BHRS/IBHS for evaluation/assessment/written order process regardless of ability to staff the prescribed services
- Providers should continue to prescribe BHRS until the network is able to accommodate request for IBHS
- Providers may follow the new IBHS regulations allowing for written orders (instead of Life Domain evaluations) to prescribe BHRS, but the authorization request must include an assessment (as outlined in the IBHS regulations)
- Magellan will issue contracts for IBHS after agencies are licensed and MA enrolled for IBHS. Provider contracts will keep BHRS and IBHS codes for 2020.
- Current authorizations for BHRS/ABA will continue until the last covered day of the authorization.

Magellan Proposed Authorization Process

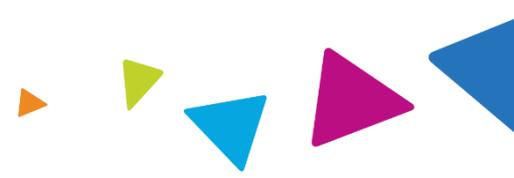


- Written order language and proposed written order template
- Registration process for assessment
- Packet submission elements
 - Treatment Authorization Request (TAR) Form
 - Written order
 - Assessment
 - ITP
 - CANS
 - ISPTM summary note if BHT/RBT prescribed in school

Extended Assessment Program (Delaware and Montgomery County only)



- Magellan and Delaware and Montgomery County have decided to retire the Extended Assessment programs in 2020. This is based upon the new timelines for written orders and assessments and volume of new referrals anticipated.
- We want to thank the EAS programs for the years of support and great clinical work and coordination that they have done for children and families!
- The Extended Assessment programs will continue to accept new referrals and be prepared to offer written orders and assessments in 2020.
- Magellan will communicate when EAS is no longer an available service.



- ISPTM's will no longer be required for authorization or re-authorization for BHRS/IBHS with the exceptions below:
 - When RBT or BHT is requested in the school setting. The meeting summary is required for the authorization packet.
 - When CRR Host Home is being recommended
- Magellan will require that ISPTM's be held for the following reasons:
 - When BHRS/IBHS services are recommended for longer than one year. Annual ISPT meeting's should be held for children still receiving BHRS/IBHS (at the one year, two year, three year mark etc.).
 - When a referral to a higher level of care is being considered.
 - When requested by family member or team member.
 - A Magellan representative should be included for any ISPT meetings intended for RTF referral or by family member request.
- Documentation of the ISPTM should be kept in member record and available for review upon request.

Authorization to Use and Disclose (AUD) Forms



- Effective immediately, as you work with your current treatment providers to complete AUDs (consent forms) to facilitate Magellan’s ability to make referrals to providers for BHRS, please follow the below guidelines for Parts 3 and 4:
 - Similar to the current process, if you are requesting only certain providers, we will need a separate AUD for each provider for which they are authorizing a referral to be made.
 - As HIPAA permits one release to a “class of persons”, if you are in agreement with sending referrals to all providers, please indicate “BHRS/IBHS providers” in both sections.
 - See screen shot on the next slide.

AUD Sample



PAHC AUD Form.docx - Word

FILE HOME INSERT DESIGN PAGE LAYOUT REFERENCES MAILINGS REVIEW VIEW DESIGN LAYOUT

Clipboard Font Paragraph Styles Editing Box

Find Replace Select Share Upload

Part 2 Who can give out the PHI?

Magellan may give out your PHI. Magellan manages your mental health and/or drug and alcohol treatment for Pennsylvania Health Choices in your County.

Part 3 Who can the PHI be given to?

Please write **the person's first and last name OR the name of the place/facility/doctor** that can have your PHI. We also need the phone number and address if you know it. Only list one (1) person or place in this part.

Name/Facility/ Doctor (please be as specific as possible)	Phone Number (with area code)
BHRS/ IBHS Providers	
Address	City, State, and Zip Code

Part 4 What PHI can we share?

We will **only** share the PHI that you **OK**. Write down exactly what kind of PHI we can share on the lines below. Give the date or place if you can (for example, "information about all my care in June 2011"). It may include facts about your medicine, your mental health and/or your alcohol and drug treatment. It does not cover psychotherapy notes that are not in your medical records. **BHRS/ IBHS**

packet _____

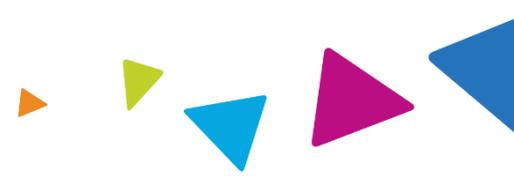
If it is okay to include this kind of health information in the PHI you told us to share above, tell us by checking the box (Check all that apply):

HIV/AIDS Alcohol/Substance Abuse Records Sexual/Physical/Mental Abuse

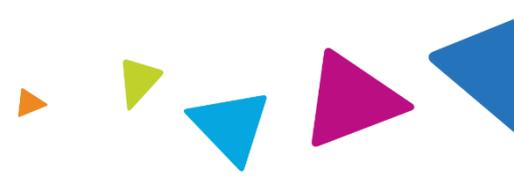
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Key Takeaways



- Continue to refer families to the Magellan contracted BHRS/ABA agencies for written order and assessment process for IBHS consideration.
- BHRS will continue to be prescribed until the IBHS network is developed.
- New staffing requirements may impact current teams.
- The Magellan online provider search and provider directory will be updated to include IBHS agencies once contracted.
- Families should be encouraged to reach out to Magellan directly if they experience any barriers with accessing services.
- Current authorizations for BHRS/ABA will continue until the last covered day of the authorization.
- We do not want families to experience a disruption in services while we implement IBHS.



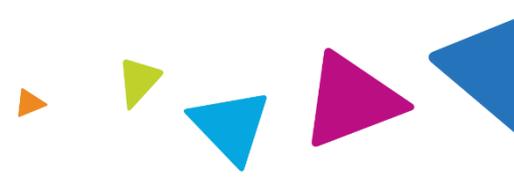
Questions? Suggestions?



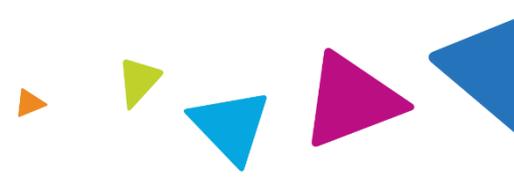
Member Communication



- Magellan Winter Member newsletter focused on IBHS implementation.
- The www.Magellaofpa.com website is updated to include an IBHS page for providers and for members.
- Magellan sent a letter to all families with an open BHRS authorization during the week of January 13, 2020 explaining IBHS transition. This letter is also available on the member IBHS page on the website.
- The OMHSAS Family Fact Sheet information should be shared with families and used as a guide for any materials shared with families.
- Magellan plans to host a webinar for families in February 2020.



- **Magellan IBHS email - all questions should be sent to the following: IBHS@MagellanHealth.com**
- **Please review the www.magellanoftpa.com IBHS provider resource page for additional and up to date information at the following link: <https://www.magellanoftpa.com/for-providers/services-programs/ibhsbhrs/>**



Thank you!

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