

Welcome to the Magellan Prescriber Intensive Behavioral Health Services (IBHS) Forum

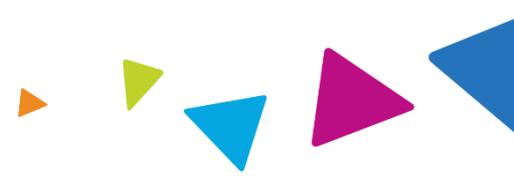
APRIL 20, 2020

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Welcome and Opening Remarks

Agenda



- Overview of IBHS Regulations
- IBHS Timeline
- IBHS Services
- Written order
- Assessment
- Wrap-up and Resources
- Questions
- Next steps



Overview of IBHS Regulations

Intensive Behavioral Health Services Regulations



- IBHS regulations will replace all current MA Bulletins for BHRS
- Applies to BHRS, ABA, Evidence Based Programs (Multi-Systemic Treatment (MST), Functional Family Therapy (FFT) etc.), CRR Host Home and group activities (Summer Therapeutic Activities Program (STAP), Therapeutic After School Program (TASP))
- Changes to the evaluation/recommendation process
- ABA available to non-ASD children
- Elimination of the Interagency Services Planning Team Meeting (ISPTM) requirement
- Enhances minimum staffing and training requirements
- Adjusts licensing requirements

Intensive Behavioral Health Services Regulations (cont.)



- Imposes new clinical leadership structure
- Enhances supervision requirements for all staff
- Addresses restrictive procedures
- *BH-MCO's have the right to enforce additional requirements



IBHS Timeline

IBHS Implementation Timeline



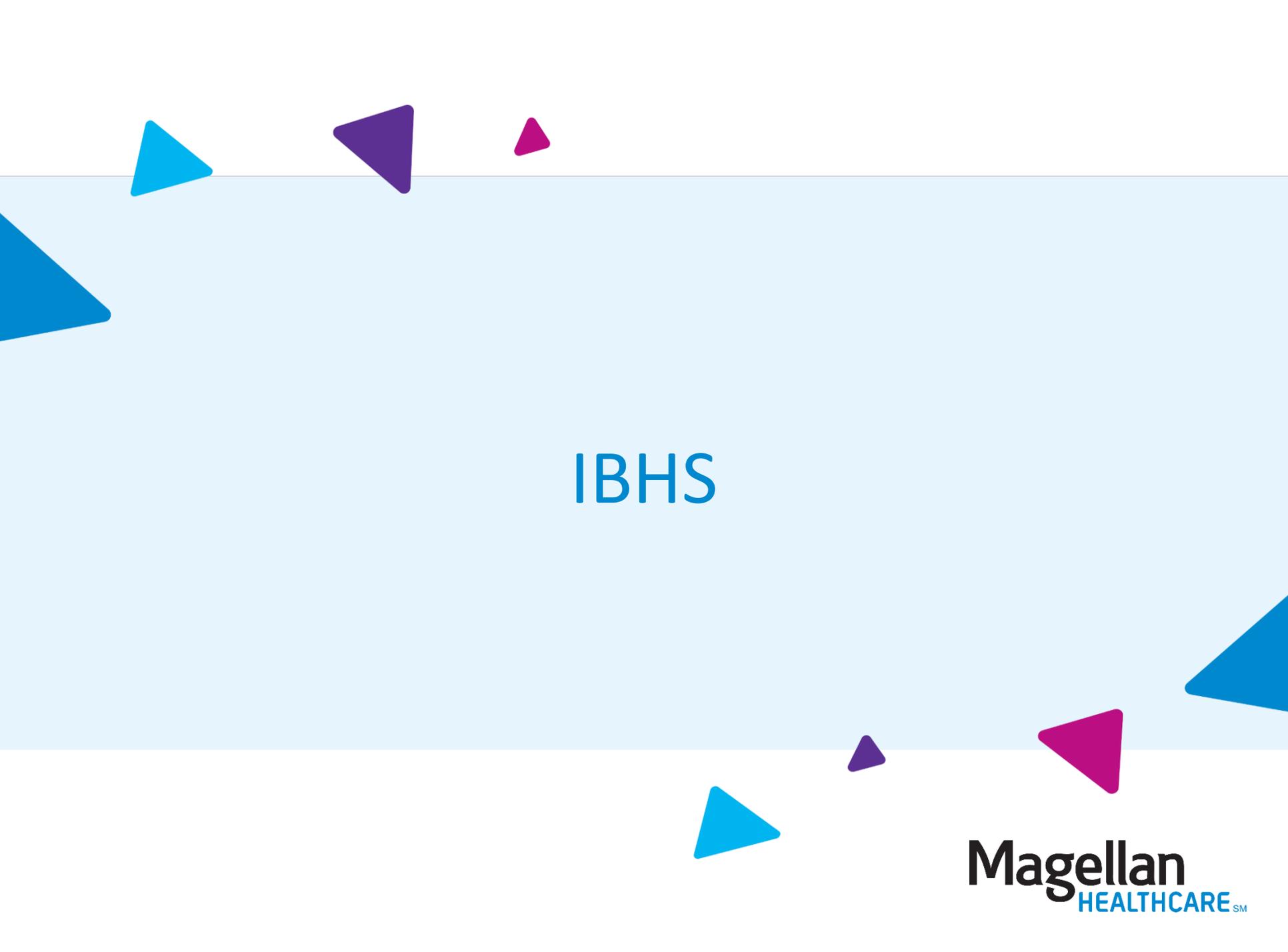
August 2019 IBHS
Regulations
approved at IRRC

October 2019 IBHS
regulations were
promulgated

January 17,
2020 IBHS
regulations were
effective

2020- Both IBHS and
BHRS will be
available

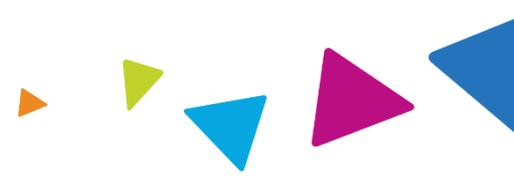
January 17, 2021 All
providers must be
licensed and enrolled
for IBHS. BHRS will
end.



IBHS

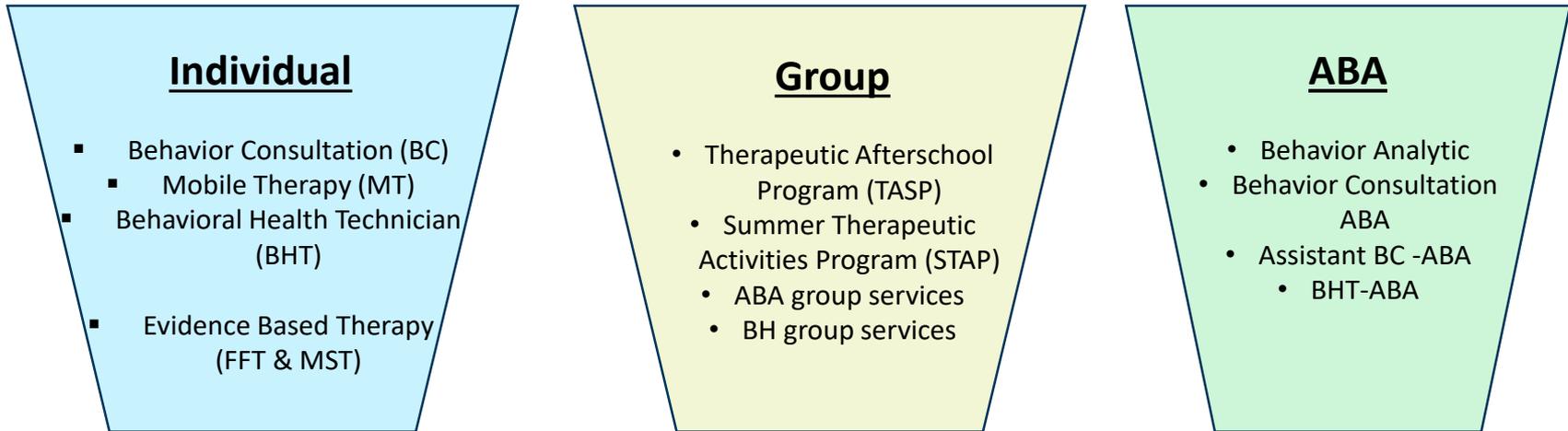
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What is IBHS?



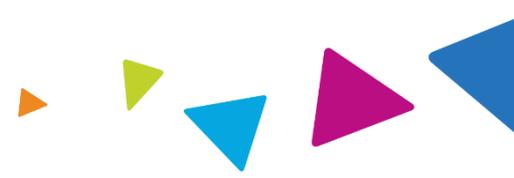
- Intensive Behavioral Health Services were created when a diverse stakeholder group came together to talk about regulating Behavior Health Rehabilitation Services (BHRS). Stakeholders included family members, providers, and other parties involved in making BHRS work.
- In these discussions the stakeholder group determined a new name (IBHS) would be best to move the services forward.

IBHS has 3 main categories of service:



- Providers will write in their Program Descriptions which of these categories their agency plans to deliver.

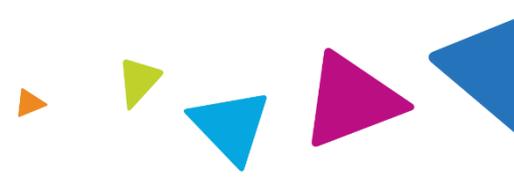
Individual Services



Intensive therapeutic interventions and supports that:

- reduce and manage identified therapeutic needs
- increase coping strategies
- support skill development to promote positive behaviors
- stabilize, maintain or maximize functioning of a child, youth or young adult
- provided in the home, school or other community setting.

Individual Services Includes the following:



- Behavior Consultation (BC)
- Mobile Therapy (MT)
- Behavioral Health Technician (BHT)
- Evidence Based Therapy:
 - § Functional Family Therapy (FFT)
 - § Multi-Systemic Therapy (MST)

Individual Services- Behavior Consultation (BC)



Behavior consultation services consist of clinical direction of services to a child, youth or young adult; development and revision of the Individualized Treatment Plan (ITP); oversight of the implementation of the ITP and consultation with a child's, youth's or young adult's treatment team regarding the ITP.

Ex. Written Order: Recommends Behavior Consultation (BC) up to 12 hours per month.

Individual Services- Mobile Therapy (MT)



Mobile therapy services consist of individual therapy, family therapy, development and revision of the ITP, assistance with crisis stabilization and assistance with addressing problems the child, youth or young adult has encountered.

Ex. Written Order: Recommends Mobile Therapy (MT) up to 4 hours per month.

Individual Services – Behavioral Health Technician (BHT)



Behavioral Health Technician services consist of implementing the ITP 1:1 with the member and caregivers. BHT is similar to the current Therapeutic Support Staff (TSS) role.

Ex. Written Order: Recommends Behavioral Health Technician (BHT) up to 12 hours per month in the home/community.

Individual Services- Functional Family Therapy (FFT)

- Functional Family Therapy is phase based family therapy model that targets youth between 11-18 years old who present with delinquency, violence, substance use, Conduct Disorder, Oppositional Defiant Disorder, and Disruptive Behavior Disorder
- Typically provides 12-30 hours of treatment intervention over a 3-6 month period
- Delivered by a Master's level trained clinician
- Positive outcomes have been demonstrated nationally
- Delivered in the home and community

Ex. Written Order: Recommends Functional Family Therapy (FFT).

Individual Services- Multisystemic Therapy



- Multisystemic Therapy targets youth between 12-17 years old at risk of out-of-home placement
- Addresses serious antisocial behavior in juvenile offenders
- Provides 2-20 hours per week of in-home services
- Delivered by a Master's level trained clinician
- Positive outcomes nationally

Ex. Written Order: Recommends Multisystemic Therapy (MST).

Group Services



Group services are therapeutic interventions provided primarily in a group format through clinical interventions including psychotherapy and ABA services, structured activities and community integration activities that address a child's, youth's or young adult's identified treatment needs. Group services may be provided in a school, community setting or community like setting. A community like setting is a setting that simulates a natural or normal setting for a child, youth or young adult.

- Delivered by graduate-level professional or individual qualified to provide BHT or BHT-ABA services

Ex. Written Order: Recommends ABA group services with a graduate level and BHT-ABA staff in office.

Group Services- Summer Therapeutic Activities Program (STAP) and Therapeutic After School Program (TASP)



- Programs such as STAP and TASP fall into the group category of IBHS
- New group programs may be developed and contracted

Ex. Written Order: Recommends non-ABA group services, Therapeutic Afterschool Program (TASP) 3 days per week.



ABA is the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior or to prevent loss of attained skill or function, including the use of direct observation, measurement and functional analysis of the relations between the environment and behavior.

ABA is used to develop needed skills (behavioral, social, communicative, and adaptive functioning) through the use of reinforcement, prompting, task analysis, or other appropriate interventions in order for a child, youth, or young adult to master each step necessary to achieve a targeted behavior.

ABA Services- Behavior Consultation



Consist of clinical direction of services to a child, youth or young adult; development and revision of the ITP; oversight of the implementation of the ITP and consultation with a child's, youth's or young adult's treatment team regarding the ITP.

Services can be delivered by:

- Behavior Consultation ABA (BC-ABA)
- Behavior Analytic (BA)

Difference between BA and BC-ABA is staff credentials- service delivery is the same. Written order should recommend Behavior Consultation-ABA, agencies will assign the appropriate staff to deliver the service.

Ex. Written Order: Recommends Behavior Consultation-ABA (BC-ABA) up to 12 hours per month.

ABA Services- Behavior Health Technician and Assistant Behavior Consultation



BHT-ABA services and Assistant Behavior Consultation consist of implementing the ITP 1:1 with the member. Similar to the current TSS role.

Assistant Behavior Consultation—ABA services consist of assisting an individual who provides behavior analytic services or behavior consultation—ABA services and providing face-to face behavioral interventions. New service to PA HealthChoices.

Written order should recommend BHT-ABA services. Agencies will assign appropriate staff to deliver the service.

Ex. Written Order: Recommends Behavior Health Technician-ABA (BHT-ABA) up to 20 hours per month in the home/community.



Written Order



- In order to receive IBHS, a written order and an assessment are required recommending the service
- The written order occurs first followed by the assessment. Once both are completed, a request for IBHS will be submitted.
- IBHS can be recommended for 6 months in Magellan counties
- Written order and assessments can be completed by Non-HealthChoices contracted providers as long as they are Ordering, Referring and Prescribing (ORP) enrolled
- Life Domain evaluations are not required for IBHS prescriptions, but may be utilized if they meet all the written order requirements

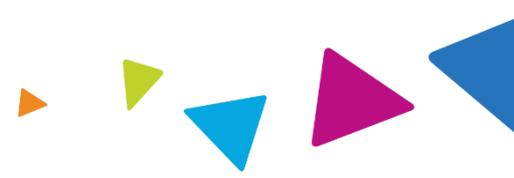
Written Order



- A written order is based on a face to face interaction with the youth within 12 months of initiation of IBHS
- A written order can be completed by a licensed physician, licensed psychologist, certified registered nurse practitioner, or other licensed practitioner, whose scope of practice includes diagnosis and treatment of behavioral health disorders and the prescribing of behavioral health services, including IBHS
- Written orders must be completed by staff who are ORP (Ordering, Referring, Prescribing) enrolled
- Magellan has a page on our website about ORP:

<https://www.magellanofpa.com/for-providers/provider-resources/orderingreferring-prescribing-orp/>

Written Order Requirements



- The written order must include the following:
 - Behavioral Health Diagnosis
 - Specifies the IBHS service, hours and setting
 - Clinical information that supports the medical necessity of the order
 - The measurable improvements that would indicate when services may be reduced, changed or terminated

A written order can be completed during the course of a PCP visit, a therapy session, an evaluation, an ER visit as well as many other face to face options.

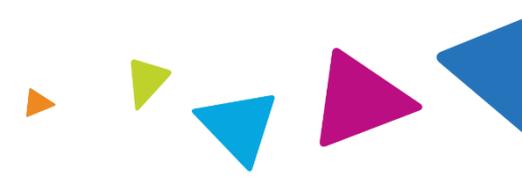
A written order can recommend an assessment for IBHS, the assessment and co-occurring IBHS needed for immediate crisis stabilization, or IBHS. Most situations would only require the assessment to determine need.

Written Orders



- Magellan has created a written order template. The Magellan written order template is available on the Magellaofpa.com website. The template is not required, but optional.
- The template can be utilized to order the assessment; the assessment and co-occurring services for stabilization; or assessment and then resulting IBH services.
- It is recommended that the Written Orders use the language of "up to" for services, which will allow the assessment to fine tune the prescription and the treatment team some flexibility to adjust services based on needs. For example, Behavior Consultation up to 12 hours per month.
- If using a written order, an assessment must then be completed that meets regulation requirements.
- A written order is valid for one year and can be used to initiate services within that year. BHRS cannot be authorized past 1/17/21.

Magellan's Written Order Template



<https://www.magellanofpa.com/for-providers/services-programs/ibhsbhers/>

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IBHS/BHRS

Effective January 17, 2020, Intensive Behavioral Health Services (IBHS) replaces Behavioral Health Rehabilitation Services (BHRS). The change will have a one year transition. This change will not affect current BHRS authorizations.

- ▶ All current BHRS authorizations will remain open
- ▶ No BHRS may be provided after January 17, 2021
- ▶ [IBHS/BHRS transitional authorization process for current BHRS/ABA providers](#)
- ▶ [IBHS Assessment](#)
- ▶ [IBHS Written Order and Cover Page](#)

Magellan is working closely during this transition period with Pennsylvania's Department of Human Services (DHS), our county partners, providers and other stakeholders to implement the required updates and changes to BHRS and Applied Behavior Analysis (ABA) services.

Providers should refer to this [IBHS FAQ](#) for helpful information.

Listed below are the transition meetings that Magellan has hosted to date, along with upcoming provider and member meetings currently scheduled. For the most recent IBHS resources available through DHS, please go [here](#).

- ▶ Sept. 17, 2019 (provider workgroup): [presentation](#)
- ▶ Oct. 17, 2019 (provider workgroup): [presentation recording](#)

Written Order Template



- **Part A: Initial Written Order for Initial Assessment, Stabilization and Treatment Initiation.**
- A comprehensive, face-to-face assessment is recommended to be completed by an IBHS clinician to further define how the recommendations in this order will be used and to inform and complete an Individualized Treatment Plan (ITP). IBHS Treatment Services may also be delivered during the assessment period for stabilization and treatment initiation provided a treatment plan has been developed for the provision of these services.
- Please select the assessment type and treatment services necessary for stabilization that you are recommending, based on the symptom(s) and/or behavior(s) of concern and the settings/domains in which they are occurring. NOTE: You must complete all sections in one row for a service to be appropriately authorized.



| Service Type | Assessment Type/ Clinician Type | Maximum Number of Hours per Month (hpm) (IBHS agency may provide less, as clinically indicated) | Settings in which Service is Necessary |
|--|---|--|---|
| IBHS Assessment for Individual, Group or Evidence-based Services <i>NOTE: Assessment must occur within 15 days of service initiation</i> | IBHS Clinical Assessment by a MT, BC, or Graduate Level Professional (when MST, FFT, PCIT, CRR HH or an IBHS Group Service) | Episode Start date, specify: ___ | Home School, specify: ___ Community, specify: ___ |
| IBHS-ABA Assessment for ABA services (for ABA Designated Providers with an IBHS License) <i>NOTE: Assessment must occur within 30 days of service initiation</i> | ABA Assessment by a BCBA or BC-ABA | Episode Start date, specify: ___ | Home School, specify: ___ Community, specify: ___ |
| BHRS Assessment for BHRS Services <i>NOTE: Assessment must occur within 15 days of service initiation</i> | BHRS Clinical Assessment by an MT or BSC | Episode Start date, specify: ___ | Home School, specify: ___ Community, specify: ___ |
| BHRS Assessment for ABA Services (For ABA Designated Providers without an IBHS License) <i>NOTE: Assessment must occur within 30 days of service initiation</i> | ABA Clinical Assessment by an BSC or BCBA | Episode Start date, specify: ___ | Home School, specify: ___ Community, specify: ___ |

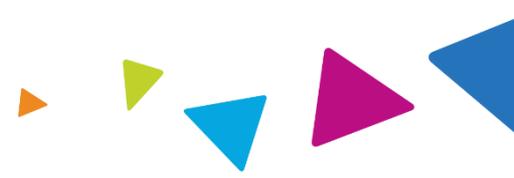


- **Part B: Written Order for Intensive Behavioral Health Services (IBHS)**
- A comprehensive, face-to-face assessment has been completed by this prescriber and/or an IBHS clinician to further define how the recommendations in this written order will be used. An Individualized Treatment Plan has also been completed, based on the result of the assessment.
- Please select which one of the following service types you are recommending, based on the symptom(s) and/or behavior(s) of concern and the settings/domains in which they are occurring. NOTE: You must complete all sections in one row for service to be appropriately authorized.



| Service Type | Assessment Type/ Clinician Type | Maximum Number of Hours per Month (hpm) (IBHS agency may provide less, as clinically indicated) | Settings in which Service is Necessary |
|---|---|---|---|
| IBHS Individual Services/Evidence- Based BHRS Exception Services | Multi-systemic Therapy (MST) Functional Family Therapy (FFT) Mobile Therapist (MT) Behavior Consultant (BC) Behavior Health Technician (BHT) | Episode Episode Up to __ hpm Up to __ hpm Up to __ hpm Start date, specify: | Home School, specify: __ Community, specify: __ |

Updates to Written Orders



- Written orders can be updated within the 12 months of the original written order
- Written order updates do not require a face-to-face
- Written order updates can be based upon new clinical information from the assessment
- Written order updates can only be completed by the original order writer
- Written order updates do not extend the life (12 months) of the original written order

Referral Source Written Order Expectations/Suggestions

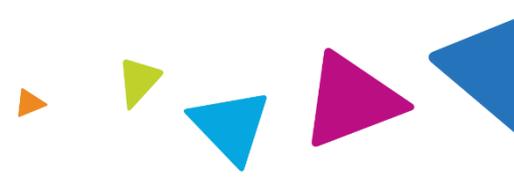


- Acute Inpatient Facilities should complete the written order process and send the referral to a contracted BHRS/IBHS agency to complete the assessment and authorization process
- Partial Hospital Programs should complete the written order process and send the referral to a contracted BHRS/IBHS agency to complete the assessment and authorization process
- Residential Treatment Facilities should complete the written order **and** assessment process and submit the authorization request for BHRS/IBHS services to begin upon RTF discharge
- Family Based Services should complete the written order **and** assessment process and submit the authorization request for BHRS/IBHS services to begin upon FBS discharge
- Outpatient Providers should complete the written order and send the referral to a contracted BHRS/IBHS agency to complete the assessment and authorization process.



Assessment

Assessment for Individual, Group and ABA Services



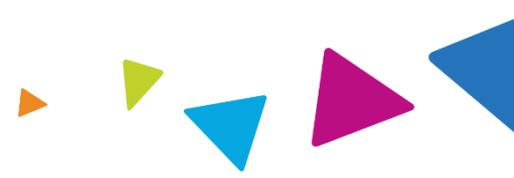
- A face-to-face assessment is completed by a staff qualified to provide behavior consultation services or mobile therapy services within 15 business days (30 business days for ABA) of the initiation of services (* these timelines may change during the Covid-19 crisis response)
- Assessment shall include the following:
 - Strengths and needs across developmental and behavioral domains
 - Strengths and needs of family system
 - Natural supports
 - Specific services needed to support the child's needs
 - Specific services needed to support parent/caregiver needs

Assessment (continued)



- Clinical information including:
 - Treatment history
 - Medical history
 - Developmental history
 - Family structure and history
 - Educational history
 - Social history
 - Trauma history
 - Developmental, Cognitive, Communicative, Social and Behavioral functioning
 - Other relevant clinical information
- Cultural, language or communication needs
- Summary of treatment recommendations

Written Order and Assessment Agreement



- If the assessment recommendations agree with the written order recommendations, submit both as part of the IBHS authorization packet
- CRR Host Home recommendations require a Life Domain Evaluation as the written order
- If the assessment recommendations differ from the written order recommendations:
 - Provider must go back to the order writer with the updated clinical assessment to review recommendations. Written order writer can update the order to match the assessment or leave the recommendations as originally written based on their clinical judgement. This should be documented and included in the packet submission.
 - If provider is unable to collaborate with the order writer and is able to complete a new order with new recommendations, then this should be completed. Packet should include original order, assessment, and new order. All will be reviewed for medical necessity.

Sample Recommendations from Assessment Template



https://www.magellanofpa.com/media/5378/ibhs-assessment-02042020-fillin-03172020.pdf

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Summary of Written Order Recommendations:

Behavior Consultation (BC) up to 12 hours per month and Behavioral Health Technician (BHT) up to 20 hours per month in the home/community.

Summary of Treatment Recommendations:

BC 10 hours per month and BHT 16 hours per month in home/community.

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Wrap Up & Resources

Magellan Updates



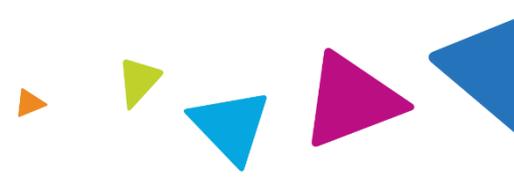
- Expect all BHRS/ABA contracted agencies to accept calls from new families seeking BHRS/IBHS for evaluation/assessment/written order process regardless of ability to staff the prescribed services
- Providers should continue to **prescribe BHRS** until the network is able to accommodate request for IBHS
- Providers may follow the new IBHS regulations allowing for written orders (instead of Life Domain evaluations) to prescribe BHRS, but the authorization request must include an assessment (as outlined in the IBHS regulations)
- Magellan will issue contracts for IBHS after agencies are licensed and MA enrolled for IBHS. Provider contracts will keep BHRS and IBHS codes for 2020
- Current authorizations for BHRS/ABA will continue until the last covered day of the authorization.

BHRS to IBHS Authorization Transition Plan



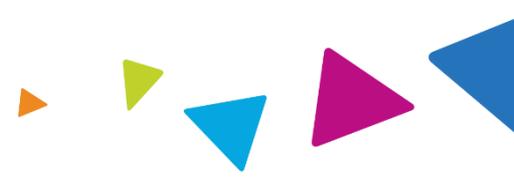
- Magellan proposes that agencies should continue to prescribe and request authorization for BHRS until the agency is contracted for IBHS.
- Magellan will alert the network when we have enough IBHS contracted agencies to meet the needs of new families being assessed for services.
- Once an agency is contracted for IBHS, as authorizations for BHRS expire, the youth should be considered for IBHS. If clinically appropriate, the youth should be recommended for IBHS and an authorization request submitted accordingly.
- Magellan does not plan to uniformly end BHRS authorizations and transition to IBHS authorization upon the agencies contracted date for IBHS.

OMHSAS Resources



- OMHSAS has a website for IBHS. can be located here:
<http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/>
- OMHSAS has a FAQ available. It can be located here:
http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_291933.pdf
- Submit questions to **RA-PWIBHS@pa.gov**

Magellan Resources

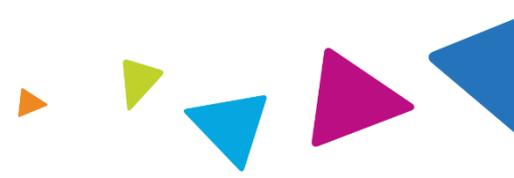


- Magellan IBHS email - all questions should be sent to the following:
IBHS@MagellanHealth.com
- Please review the www.magellanoftpa.com IBHS resource page for additional and up to date information at the following link:
<https://www.magellanoftpa.com/for-providers/services-programs/ibhsbhrr/>
- An updated provider directory/search is available on <https://www.magellanoftpa.com/for-members/find-a-provider/provider-directories/> and should be utilized to locate IBHS agencies

Key Takeaways



- Continue to refer families to the Magellan contracted BHRS/ABA agencies for written order and assessment process for IBHS consideration.
- BHRS will continue to be prescribed until the IBHS network is developed.
- New staffing requirements may impact current teams.
- The Magellan online provider search and provider directory will be updated to include IBHS agencies once contracted.
- Families should be encouraged to reach out to Magellan directly if they experience any barriers with accessing services.
- Current authorizations for BHRS/ABA will continue until the last covered day of the authorization.
- We do not want families to experience a disruption in services while we implement IBHS.



Questions? Suggestions?



Thank you!

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